

Newly Diagnosed?

Nutrition counseling is available to help develop your knowledge & skills about your new food restrictions. Contact the Bi-College Dietitian, Natalie Zaparynski to make an appointment:

Also, please complete the "Bi-Co Dietitian Special Needs Form"

Resources

Food Allergy & Anaphylaxis Network

American Academy of Allergy, Asthma & Immunology

Celiac Disease Foundation

Crohns & Colitis Foundation of America

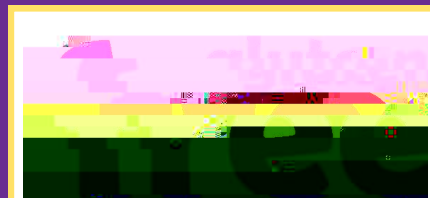
Food Allergies in the Real World

Bryn Mawr College

Erdman Dining Hall
610 526 7411
New Dorm Dining Hall
610 526 7408
UnCommon Grounds
610 526 7413

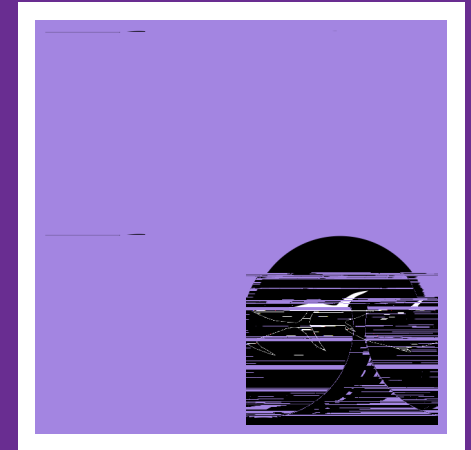
Haverford College

Haverford Dining Center
610 896 1108
The Coop
610 896 1806



allergy-friendly space where you can eat without the worry

More everyday choices for those who need them! Contact our Dietitian for access to "Free" space!



Food Allergy 101

A Guide to Safe Dining Resources on Campus

DINING

2014-2015 Dining Services
Dining Services

Dining Hall Standards

Available in all Dining Halls:

Vegetarian and meat options at every meal

New Dorm Dining Hall offers additional vegan dishes

Erdman offers one dinner entree that is prepared Gluten Free, Shellfish Free, Dairy Free & Nut Free

Kosher options available during Passover
Lactaid 100 (100 percent lactose reduced, non-fat milk)